

FIE COACH PROGRAMME, SABRE

Observations, Learning and Thoughts

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9. Tierce Riposte

Why do we parry? To stop an attack. Why do we attack? Because we see an opportunity to hit...

The coach begins by explaining why he doesn't like a tierce riposte executed from tierce and it makes a lot of sense because it would be unusual for a finisher to choose to go into a closed line. Also, the actions in defence prior to the final hitting action are, by definition, preparatory to the final defensive action.

With this in mind, this lesson is executed by preparing in quarte first and then moving the student until the attacking action is delivered into tierce.

<https://www.youtube.com/watch?v=4KOgj8usdQ0&list=PLW9OQerjy9W3kizillfQ6wokHKCpTU05Y&index=46>

At 1min and 15secs the coach explains a common mistake, which is to deliver only the attack, without taking care of the riposte. The coach and student should move in synch both in terms of distance and timing at all times (and also tactical context, but more of that later).

Again, with a lower skilled student, the coach here takes time to build that coordination and sense of movement and when to execute each action. Preparation (move the pupil to quarte) - Distance (move the pupil) - Timing (the parry riposte is executed).

Always happy to take any questions on prof.carson@yahoo.co.uk